## **Capsicum Plaster**



## Description:

Plastra is a pain relief patch for external use; it contains extract of capsicum which is effective in relieving rheumatism, also effective for muscular fatigue, lumbago, back pain and stiff shoulders.

Capsicum plaster with methyl salicylate is same as Capsicum plaster but it additionally contains methyl salicylate, which acts as a rubefacient to enhance pain relief.

## Capsicum plasters mechanism of action:

- The active ingredient Capsicinoid relaxes the muscles by increasing the blood flow, increasing the transport of oxygen and nutrients to the cells and accelerating removal of metabolic by-products.
- It also acts as an efficacious pain blocker.
- In case of Capsicum plaster with methyl salicylate, Methyl salicylate causes irritation and reddening of the skin due to dilated capillaries and increased blood flow.
- As a final result heat sensation will be felt at site of application associated with relief of pain.

## **Intended Purpose:**

Capsicum Plaster is used as a counter-irritant and to produce heat on undamaged skin. It is used in the treatment of Rheumatic conditions.

Also used for temporary relief of minor aches, pains of muscles and joints associated with simple backache, arthritis, strains, bruises and sprains.

#### **Contraindications:**

- Allergy to any of the plaster ingredients.
- Do not apply on broken skin, wounds or eczema.
- Pregnant women and patients wearing heart pacemaker are banned from using the product.

#### **Precautions:**

- Use only as directed; for external use only.
- Discontinue use at least one hour before a bath and do not use immediately after a bath.
- Do not apply the plaster near the eyes, mouth, tongue or lips.
- It is recommended not to scratch the application site to avoid damage to the skin.
- Avoid application of additional sources of heat during treatment. Treatment should be discontinued if excessive warmth is experienced.
- Please keep it out of reach of the children.

#### Talk to your doctor or pharmacist before use:

- In more serious cases when your condition is accompanied by reddening, swelling or a feeling of high temperature of the joints,
- -If you have severe back pain radiating into the legs and/or associated with neurological syndromes (e.g. numbness, tingling).
- When taking other medicines.
- In conditions affecting children under 12 years of age, use only upon the advice of a physician.

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## **Instructions for Use:**

- Clean and dry the skin, Remove the plastic backing from one side of the patch.
- Smooth that side over the area where you want pain relief.
- As you remove the other half of the plastic backing, smooth the remainder of the patch over the pain area.
- When removing the plaster from skin, pulling and removing the whole at once lessens the pain felt.

## Storage:

Store in a cool and dry place.

## Shelf life:

Five years.











Capsicum Plaster (Red)											
	Code	Size	Pieces/box	Boxes / Case							
	CAP60100	60×100mm	100	8							
	CAP120180	120x180mm	50	8							
	CAP120320	120x320mm	50	8							
	CAP150250	150x250mm	50								
	CAP120150	120x150mm	50	8							
Capsicum Plaster With Methyl Salycilate											
		Capsicum Plaster W	ith Methyl Salycilate								
	Code	Capsicum Plaster W	ith Methyl Salycilate  Pieces/box	Boxes / Case							
	Code CAPM60100			Boxes / Case							
		Size	Pieces/box								
	CAPM60100	Size 60x100mm	Pieces/box	8							
	CAPM60100 CAPM120180	Size 60x100mm 120x180mm	Pieces/box 100 50	8							

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(Pharmaplast	Amria 23512, Ale www.pharmapla	exandira - Egypt ast-online.com	Brochure artwork template no: I-TM /AR/001-6 (Version 3 )							
Customer: Pharm	naplast		Product name : Capsicam Prepared by : Nader Nabil Zaki							
Issue date : 19-10-2	2016									
Colors :			Dimension: A4							
to a Marie Marie	Revision Date	Description of Change	Rationale For Change	Amended by	Effective date	Approved by				
Issue Number						Artwork manager	Marketing department	RA Department		
1	N/A	New Issue	N/A							
2	26-03-2022	new codes	File maintenance							
3	11-04-2022	Text amendments	File maintenance							