

Pharmaplast Hot and Cold Pack



Description:

Soft flexible compress that combines the healing power of cold and hot therapy in one easy to use pack.

Features :

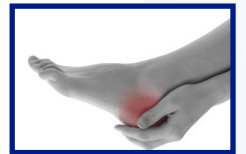
- Fast pain relief at home.
- Dual purpose: Flexible ice or soothing heat.
- Keeps its flexibility even in the frozen state, allowing it to readily fit the curves of the body.
- Simple to use: Comes with a protective cover with an elastic band to hold the pack in place.
- Reusable by simply re-freezing for cold applications or re-warming for hot applications.
- Non-toxic and safe.

Intended Purpose:

- 1- For Cold therapy:
 - For pain, swelling, bruises, strains and distortions.
 - For other cases where cold therapy is needed.
- 2- Hot Application:
 - For muscle aches and stiffness
 - For other cases where hot therapy is needed.

Instructions for Use:

- For Cold therapy:
 - 1- Freeze the pack for at least 2 hours before using.
 - 2- Place the pack in a cover or wrap it in a cloth, to avoid overcooling.
 - 3- Do not use for more than 20 minutes at a time.
 - 4- Remove the pack if you feel uncomfortable.
 - For Hot therapy:
 - 1- Immerse the pack in just-boiled (taken off-the-heat) water for 5 to 6 minutes.
 - 2- Place the pack in a cover or wrap it in a towel, to avoid skin burn.
 - 3- Check the temperature by pressing the covered pack against the forearm. Allow to cool if it is too hot.
- When it feels comfortable, apply to the specified area.
- 4- Remove the pack if you feel uncomfortable.



Cold and Hot Pack	Size	Pieces/ box	Boxes / Case
HOTANDCOLDP	12.7 x 25.4 cm	1	12

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Customer : Pharmaplast		Product name : Hot and Cold pack						
Issue date : 07-02-2022		Prepared by : Diana Amr						
Colors : CMYK		Dimension : A4						
Issue Number	Revision Date	Description of Change	Rationale For Change	Amended by	Effective date	Approved by		
						Artwork manager	Marketing department	RA Department
1	N/A	New Issue	N/A					
2	10-02-2022	text amendments adding table of size	File maintenance					
3	17-05-2022	code update	File maintenance					
4	20-12-2023	text amendments adding table of size Update features Add pharmaplast above product name change product photo update intended purpose update instruction for use	File maintenance					